

Masterminds forum on food,
water, and supply
independence!



BIOLOGICAL MASTER CODES

PLAYA DEL CARMEN

3.24 - 3.28. 2025

SPECIAL RETREAT FEATURES

Nervous System
master recode
advanced
assessments plus
over 10 healing
modalities.

5 day Earthing
RESET to
unwind the
stress response
plus detox and
education.

RESET:
Daily Restorative
Yoga. Reset,
Rebirth, and
Ascension.

Book Now



Book Now
+1 815.513.2776



Playa Del
Carmen
Meshtleeko
clinics, retreat
centers, and
special sites.



caleb@wecpdc.mx



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PLAYA DEL CARMEN

3.24 - 3.28. 2025

SPECIAL RETREAT FEATURES

Meeting of the minds:

Daily block of time set aside for mastermind forum on building and developing private supply chain for food, goods, and water independence combining creative vision with practical project management and organizational skills with key collaborators and potential project partners.

Nervous system reset and regulation

Daily one-on-ones and group sessions with our nervous system coach and clinical practitioner including assessments and regulation education and guided exercises. Group workshop with TVM specialist Krystal Lynn Star for master recoding for the nervous system.

Biological reset with daily earthing sessions and workshops at the earthing clubhouse and beachfront including local majestic tree tour with introduction to the practice of tree hugging and the energetic and physiological benefits for grounding.

Participants learn to both feel grounded and be grounded and the differences between .

Nurture, feast then fast, and detox

Retreat goers will feast on the daily intermittent fasting raw menu as a key component in earthing clubhouse's detox program with gourmet nutrient dense culinary delights to support digestion, detox, rejuvenation, rest, and renewal.

After the midday intermittent feasting window all are on the fasting period combined with herbal and holistic detox regimens.

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SPECIAL RETREAT FEATURES

Daily Restorative yoga:

Daily yin yoga and breathwork for detox and nervous system regulation. A special yoga experience included at the beach front palapa loft and at the private cenote palapa loft celebrations.

Special Sites Tour of Mayan Ruins at Tulum Temple and Palace.

Guided breathwork and visualization at the Mayan ruins in Tulum to activate latent genetic memories and potential at special sites on earth's energetic grid.

Private cenote day

Retreat goers will feast on the daily intermittent fasting raw menu, enjoy a heart opening cacao ceremony and tasting of the local chocolatier "Passion de Cacao" and their internationally award winning gourmet chocolate, combined with restorative yoga and energetic body sessions, nature hike for grounding and earthing, and free time play in two phenomenal private cenotes.

A winter death and rebirth ascension ritual culminating in a guided swim through an underground river cave and ascension from the womb of the earth up from a ladder to the surface reborn.



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All inclusive cost for stay at Wholeness Earthing Clubhouse or adjacent hospitality partner BNB. \$1999 usd with 50% deposit to reserve.

All inclusive cost for VIP beachfront stay at 5 star hotel with private transportation to and from downtown retreat center \$2999 with 50% deposit to reserve.

Wholeness Earthing Clubhouse is a PMA holistic retreat center in downtown Playa Del Carmen Centro 5 blocks from the beaches.

Reset to nature lunada under the stars celebration.

Yin Yoga in the beachfront palapa loft, special celebration dinner, mastermind forum session for private supply chain, followed by campfire music and camping out under the stars in a private secure luxury residential area beach front Xpu-ha. Sleeping grounded on the beach is the most powerful earthing practice combined with full immersion earthing while wading in the water. Fast track to reset to nature.

Local Clinics and local event.

Scheduled visits to premier holistic clinics for treatments supporting detox and breakthrough quantum healing modalities.

A local sovereignty community event healthy vegan nicecream social regularly hosted at earthing clubhouse for retreat goers to connect with the local community of freedom loving expats and like minded locals.



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BIOLOGICAL REPROGRAM

PLAYA DEL CARMEN

3.24 - 3.28. 2025

SPECIAL RETREAT FEATURES

Nervous system master codes rewrite with Krystal Lynn Starr

Join KrystalLynn Star, an Egyptian Priestess and Women Empowerment Coach, for a transformative and deeply relaxing session on the beach. KrystallLynn, known for her powerful retreats and spiritual pilgrimages, brings her unique expertise in the Triple Vagal Method (TVM) to help women shift from survival to thriving and activate their soul gifts.

TVM, the most potent nervous system recoding modality, works by releasing trauma from your fascia, organs, and DNA, helping your body process emotions from past events. This method creates space in your nervous system for deeper emotional stability, vitality, and joy. Experience firsthand how TVM can bring you balance, enhance your sense of safety, and make you a magnet for your desires.



- ★ Highlights of this session:
 - Release deep-seated tension and trauma
 - Restore emotional balance and find calm
 - Boost energy, creativity, and joy
 - Gain clarity and focus for decisive action
 - Becoming a manifestation magnet



Come and experience a unique opportunity to receive a personalized evaluation of your nervous system and learn practical insights to maintain balance.



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WHOLENESS
Earthing
Clubhouse

Mind Gym

Heart mind coherence

Access our collective unconscious and infinite potential. With vibrational attunement utilizing ancient teachings and modern technology. It's a place where the newest technologies and proven scientific methods meet spiritual practices.

WORKSHOP FEATURES

- ✓ Audio Visual
- ✓ Light Therapy
- ✓ Smell, Taste, and Touch
- ✓ EFT for Energetic Embodiment
- ✓ Quantum Energy Chamber
- ✓ Earthing and Grounding

PROGRESSION THERAPY EXPANSION CONSCIOUSNESS

SENSORY

Chromotherapy
PSTD rewire

Progression Therapy

CLINICAL

Chi Machine

Earthing and
Grounding.

ENERGIC

**Vibrational
Healing**

Emotional Embodiment
visualization and EFT



Contact Us
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**WHOLENESS
EARTHING
CLUBHOUSE**

Calle 28Nte between 20 and 25 #1A
Hollywood PDC centro
www.wecpdc.mx



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FOOD, WATER, SUPPLY INDEPENDENCE FORUM

Tuesday
La Canopée
calle 24nte Playa Del
Carmen
2-3PM

Wednesday
La Canopée
calle 24nte Playa Del Carmen
2-3PM

Thursday
La Canopée
calle 24nte Playa Del
Carmen
9-10 AM

Meeting of the minds:

Daily block of time set aside for mastermind forum on building and developing private supply chain for food, goods, and water independence combining creative vision with practical project management and organizational skills identifying key collaborators and potential project partners.

Feel empowered and supported moving closer to food, water, and supply chain independence. We want to hear from you, where you are at, and how we can grow independent together, RSVP a space at the round table forum today.



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- Earth being present in the body
- Water giving space to emotions

- Fire creating boundaries
- Air living high and light



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4 ELEMENTS IMMERSION

Thursday

BEACH CAMP OUT

1499 pesos

- Restorative Yoga Palapa Loft on Xpuha Exclusive Beach. Feeling Restored.
- Full Immersion Earthing Workshop and TRE. Feeling Grounded
- Raw Vegan Intermittent Fasting Feast. Feeling light clean and satisfied.
- TVM Nervous System Master Code rewrite with Krystal Lynn Starr. Feeling remade.
- Fire Pujia purification ceremony, campfire stories, music, and camp out under stars! Feeling extraordinary!



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